

Exercise Physiology Referral



Patient Contact Details

Name: _____ DOB: _____

Address: _____

Best Contact No: _____

Reasons for Referral

Funding Details (leave blank if unknown)

Workers' Compensation

Employer: _____ Date of Injury: _____

Insurer/. _____ Claim No. _____

MVIT

Other: _____

Referrer Details

Name: _____

Address: _____

Tel No: _____

Date: _____ Signature: _____

Please fax referral to 9381 7833 (we will contact patient within 48 hours)

For Insurer/ Employer

Initial exercise program consultation and proposal funding:

[] Approved [] NOT Approved

Name: _____ Signature: _____

Return by fax to 9381 7833



Exercise Physiology Services

OccuMED Exercise Physiology provides active exercise treatment to improve cardiovascular fitness, range of motion, muscular strength and endurance following:

- Injury or surgery
- Diagnosis of chronic health conditions

The goal is to return the patient to optimal function at home, at work and in their recreational pursuits.

The active exercise treatment is undertaken at a facility and at times convenient to the patient.

The exercise treatment is administered by an experienced and accredited Exercise Physiologist registered with The Australian Association for Exercise and Sports Science (AAESS).

The exercise treatment consists of an initial assessment, formulation of exercise treatment needs, implementation of the exercise treatment program (undertaken at home or at a convenient facility), and ongoing reviews to determine appropriate upgrading of the exercise intervention.

Advantages:

- Active vs. passive treatment.
- Undertaken at the patient's convenience
- Undertaken at a location easily accessible to the patient.
- Emphasis on regaining optimal function.
- Treatment revolves around patient rather than patient's life revolving around treatment.